

<u>Daily</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
Wash Up/Dress	[]	[]	[]	[]	[]	[]	[]
Make Bed	[]	[]	[]	[]	[]	[]	[]
Do Laundry	[]	[]	[]	[]	[]	[]	[]
Plan Supper	[]	[]	[]	[]	[]	[]	[]
Clean Kitchen	[]	[]	[]	[]	[]	[]	[]
Tidy All Rooms	[]	[]	[]	[]	[]	[]	[]
Check Bathrooms	[]	[]	[]	[]	[]	[]	[]
Workout/Step Goal	[]	[]	[]	[]	[]	[]	[]
Practice Spanish	[]	[]	[]	[]	[]	[]	[]

<u>Weekly</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>
Fish Tank	[]				
Water Plants	[]				
Bed/Windows/Walls		[]			
Clean Bathrooms			[]		
Vacuum Floors				[]	
Mop Floors				[]	
Empty Out Fridge				[]	
Dust					[]
Pay Bills/File					[]

<u>Monthly</u>	<u>Wk 1</u>	<u>Wk 2</u>	<u>Wk 3</u>	<u>Wk 4</u>
Scrub Bathtubs	[]			
All Cupboards	[]			
All Closets		[]		
All Drawers		[]		
Clean Fridge			[]	
Clean Oven			[]	
Vehicle Interiors				[]
Storage Areas				[]

<u>Yearly</u>	<u>Mar</u>	<u>Apr</u>	<u>Sept</u>	<u>Oct</u>
Furnace Filter	[]		[]	
Vacuum Canister	[]		[]	
Defrost Freezers		[]		[]
Paint Touch Up		[]		[]